

VAFC Heat U12 Div 1a 2021-2022



Parent Handbook

Have fun.
Do your best.
Behave.

Goal

Be a player of great cognition, competence and character.

“3C Footballer”

What can I expect from training and matches?

Training will be dynamic, engaging and fun.

Training will explore the joy of competition.

Training will consist of learner centered activities.

Training will develop individuals within the team context.

Training will encourage taking risks and honor failure as a step to success.

Training will develop cognition, competence and character.

Matches are just training games in fancier uniforms.

Credit to [TOVO Institute](#) for their training mandate for the majority of these views

Having fun is still the most important part of the game





Parent's Role: Watching children playing a game

Parent's role



The most powerful thing you can say to your son or daughter after the match is "I love watching you play."

Prior to a match, tell them you love them. If you want to say more, remind them to have fun, do their best and behave.

Be on time. Assuming they aren't taking public transportation, you have a great deal of influence on their ability to be on time.

Please review the player guide and help your son or daughter access it.

During the season, we will focus on development within a team environment.. If players need help with individual skills (first touch, weaker leg, etc), coaches will encourage them to work on those skills at home.

Be a good role model. Do not criticize the referees, the players or the other team.

Parent's role



Read more

<https://www.parentsinsport.co.uk/2018/05/13/sports-parenting-doing-your-job-is-the-key-to-success/>

Do's

<https://www.drjimtaylor.com/4.0/parenting-dos-for-sport-parents/>

Do nots

<https://www.drjimtaylor.com/4.0/donts-sport-parents/>

If players do not make their own decisions, they cannot be self-reliant



When players make their own decisions, they improve



How we will measure success

Success is not measured in wins and losses at this age (and should not be until they are playing professionally and/or for the senior national team). Success is individual improvement and continued joy in playing soccer.

Do they have more fun each match?

Are they more confident in their abilities?

Do they innovate/try things you haven't seen before?

Is communication (verbal and non-verbal) improving between players?

Do their boots stay tied the entire match?

Do they maintain effort even when things are not going their way?